

Appendix D: Smart Moves Intervention Aims and Benefits

Aims

Smart MOVES has three main aims:

- To assist in the early identification of children with motor co-ordination difficulties through a series of tasks based on the PE curriculum.
- To provide an extensive range of activities related to aspects of the PE curriculum areas. These activities can be differentiated according to the ability of the child, allowing the children to develop key physical skills at their own pace.
- To provide a flexible means of ongoing evaluation and monitoring, tailored to each individual child.

Benefits

- It provides an individualised profile of movement ability for each child
- It facilitates regular monitoring of achievement
- It provides activities which a non-specialist would be able to relate to and implement
- It provides activities which can be adapted even to a small environment, using non-specialist equipment
- It is capable of being incorporated into Individual Education Plans
- It actively involves the child in the evaluation of their achievement
- It promotes self-esteem through fun activities in a safe learning environment
- It facilitates language development and communication skills
- It provides opportunities to engage in activities to promote fitness
- It has the potential for cross-curriculum links