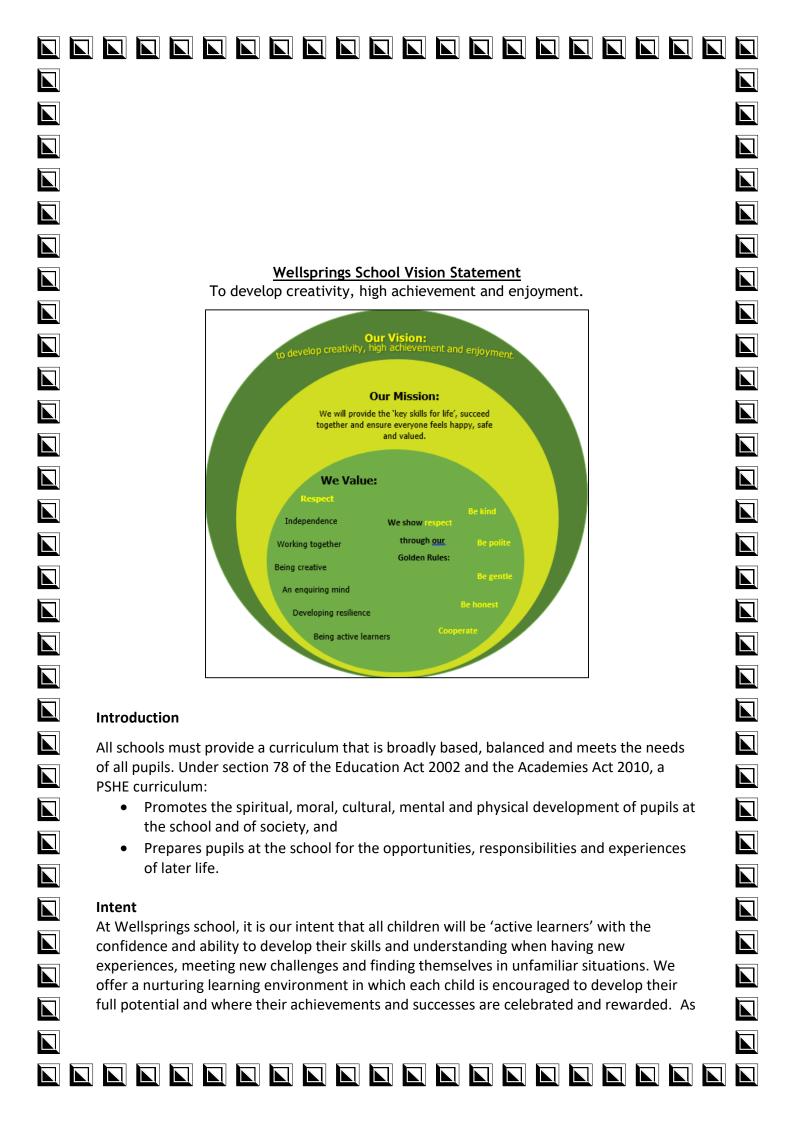


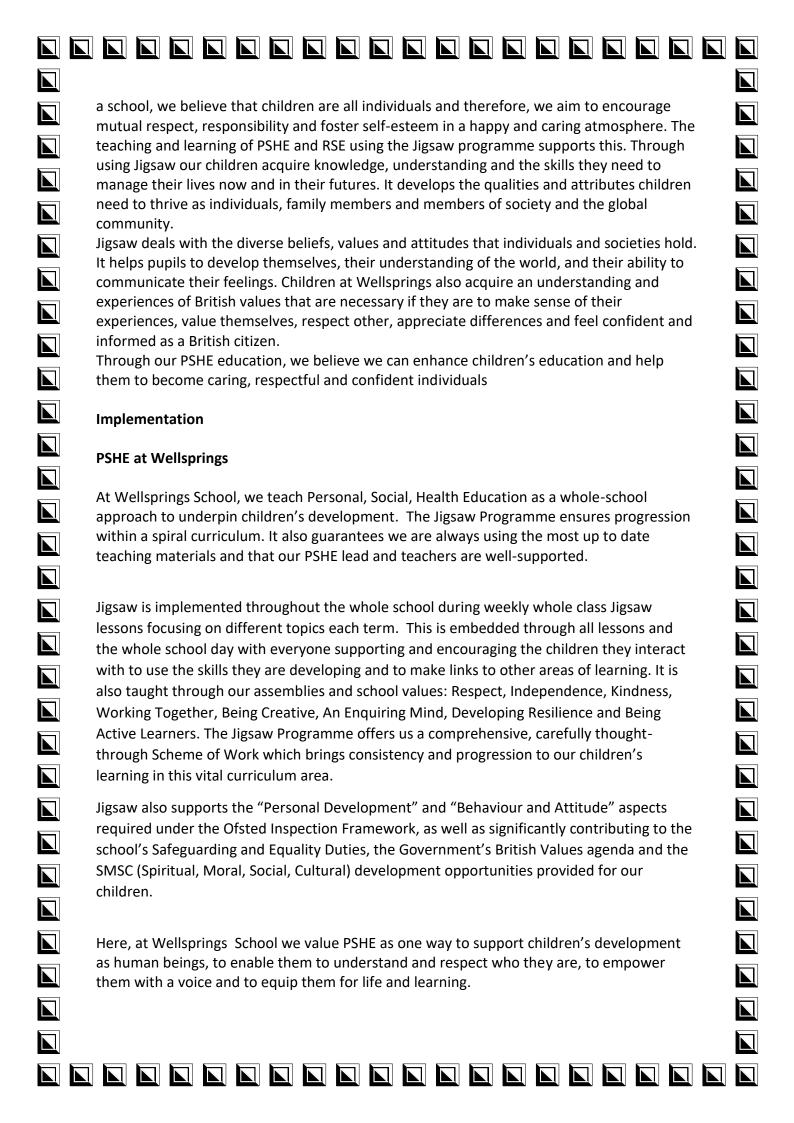
## Wellsprings School

PSHE & RSE (Personal, Social, Health Education and Relationships, Sex Education) Policy

November 2022





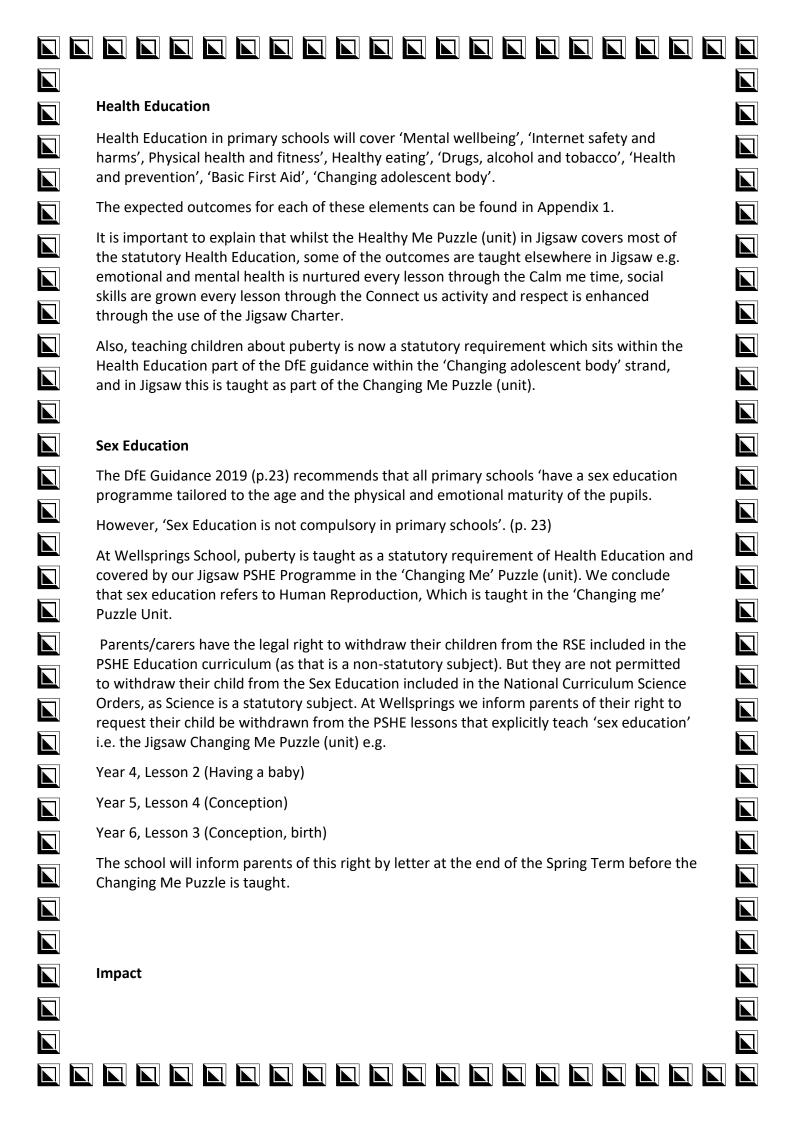


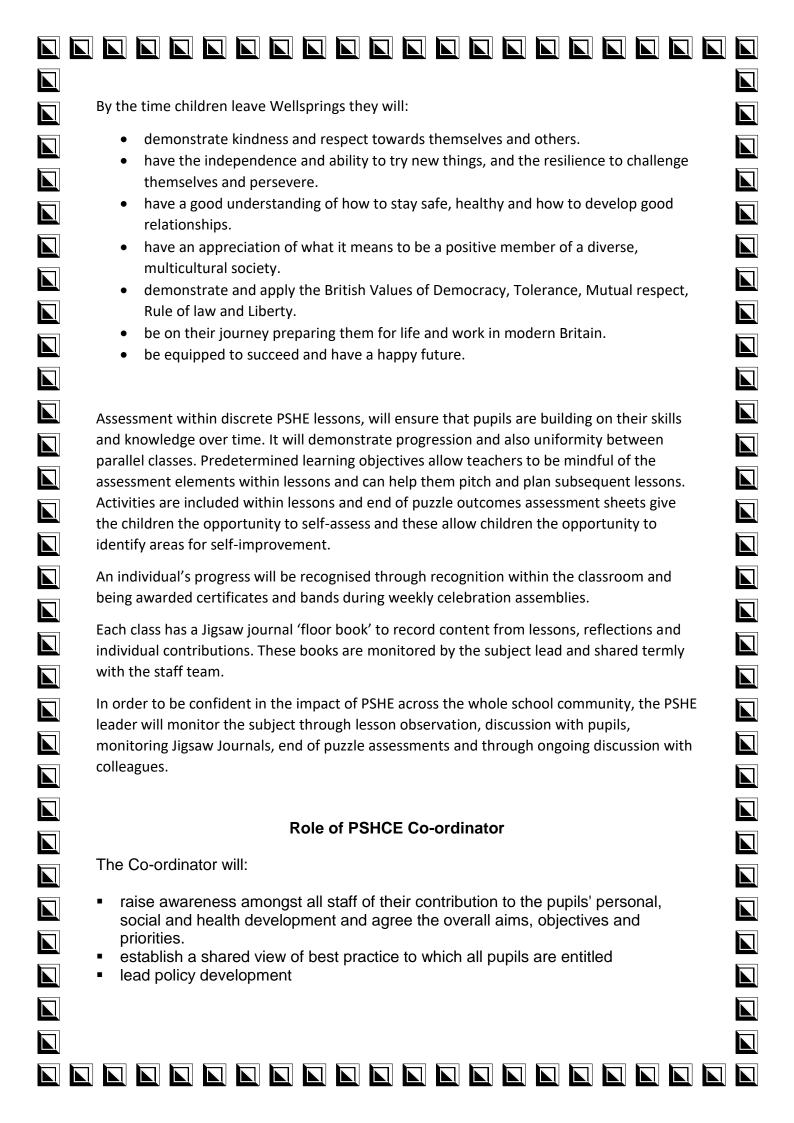


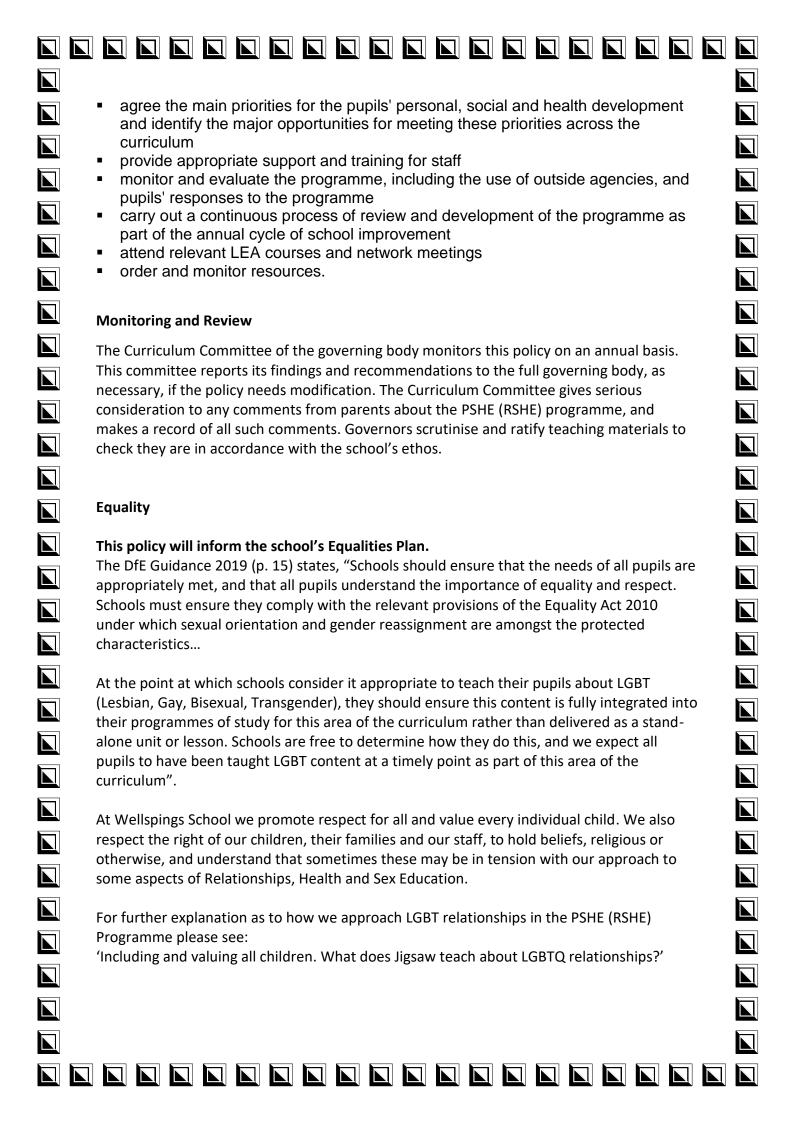
Spring 2: Healthy Me Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise			
Summer 1:	Relationships	relationsh	nderstanding friendship, family and other ips, conflict resolution and communication eavement and loss
Summer 2:	Changing Me		elationships and Sex Education in the context of sitively with change
and apply it weekly less Relationshi	t to everyday situat ons to their own cla ips & Sex Education	cions in the sc asses. n at Wellsprir	
healthy, nu them to kno developing pressure). I Effective RS sexual relat what is tau	rturing relationship ow what a healthy intimate relationsh t should teach wha SE also supports per cionships, at the app ght in primary scho	os of all kinds, relationship lonips and resist it is acceptable ople, through propriate time ol in Relation	e information they need to help them develop not just intimate relationships. It should enable looks likeit should also cover contraception, sting pressure to have sex (and not applying e and unacceptable behaviour in relationships out life, to develop safe, fulfilling and healthy e. RSE should provide clear progression from ships Education. Pupils should understand the ental wellbeing and selfrespect." DfE Guidance
The table b	elow shows when s	specific aspec	ts of RSE are taught at Wellsprings
Year Gro	•	w Piece n)number	Learning Intention
	3 – Growing	Up	Seek out others to share experiences. Show affection and concern for people who are special to them. Explain own knowledge and

Year One	4 – Boys and Girls bodies	Identify the parts of the body that make boys
. car one	1 Doys and Girls boules	different to girls and use the correct names for
		these: penis, vagina. Respect my body and
· -	10111	understand which parts are private
Year Two	4 – Boys and Girls bodies	Recognise the physical differences between boys and girls, use the correct names for parts of the
		body (penis, testicles, vagina) and appreciate
		that some parts of my body are private. Tell you
		what I like/don't like about being a boy/girl.
Year Three	1 – How babies grow	Understand that in animals and humans lots of
		changes happen between conception and growing up, and that usually it is the female who
		has the baby. Express how I feel when I see
		babies or baby animals
	2 – Babies	Understand how babies grow and develop in the
		mother's uterus and understand what a baby
		needs to live and grow express how I might feel if I had a new baby in my family.
	3 – Outside body changes	Understand that boys' and girls' bodies need to
		change so that when they grow up their bodies
		can make babies. Identify how boys' and girls' bodies change on the outside during this growing
		up process. Recognise how I feel about these
		changes happening to me and know how to cope
		with those feelings.
	1 Inside hady shanges	Identify how hove and girls' hadies change on
	4 – Inside body changes	Identify how boys' and girls' bodies change on the inside during the growing up process and
		why these changes are necessary so that their
		bodies can make babies when they grow up
		recognise how I feel about these changes
		happening to me and how to cope with these feelings.
Year Four	2 – Having a baby	Correctly label the internal and external parts of
	,	male and female bodies that are necessary for
		making a baby. Understand that having a baby is
		a personal choice and express how I currently feel about having children when I am an adult.
		reer about having children when i am an addit.
		Describe how a girl's body changes in order for
	3 – girls and puberty	her to be able to have babies when she is an
		adult, and that menstruation (having periods) is
		a natural part of this. Know that I have strategies to help me cope with the physical and emotional
		changes I will experience during puberty.
Year Five	2 – Puberty for girls	Explain how a girl's body changes during puberty
		and understand the importance of looking after
		myself physically and emotionally. Understand
		that puberty is a natural process that happens to everybody and that it will be OK for me.
	<u> </u>	everybody and that it will be OK for the.

	3 – Puberty for boys and girls	Describe how boys' and girls' bodies change during puberty. Express how I feel about the changes that will happen to me during puberty Understand that sexual intercourse can lead to		
	4 - Conception	conception and that is how babies are usually made. Understand that sometimes people need IVF to help them have a baby. Appreciate how amazing it is that human bodies can reproduce in these ways.		
Year Six	2 – Puberty	Explain how bodies change during puberty and understand the importance of looking after myself physically and emotionally. Express how I feel about the changes		
	3 – Girls talk and boy talk	Ask the questions I need answered about changes during puberty. Reflect on how I feel about and about the answers I receive.		
	4 – Babies- conception to birth	Describe how a baby develops from conception through the nine months of pregnancy, and how it is born. Recognise how I feel about development / birth.		
	5 – attraction	Understand how being physically attracted to someone changes the nature of the relationship. The growing independence of becoming a teenager and am confident that I can cope with this		
Caring friend The expected	Education in primary schools viships', 'Respectful relationship outcomes for each of these el	will cover 'Families and people who care for me' os', 'Online relationships', and 'Being safe'. ements and the way the Jigsaw Programme		
Relationships	and Health Education (appen	cument: <b>Jigsaw 3-11 and Statutory</b> Idix 1) This document shows exactly how Jigsaw  Inships and Health Education requirements.		
he statutory	Relationships Education, some e Celebrating Difference Puzzle	ationships Puzzle (unit) in Jigsaw covers most of e of the outcomes are also taught elsewhere in e helps children appreciate that there are many s important to the children involved. This holistic		







Policy Review			
his policy is reviewed ev	ery two years.		
Date of review:	January 2023		
Date of next review:	January 2024		
ppendix 1			
SE Outcomes Mapping I	Oocument		