

	EYFS		Year 1/2	
Autumn term	Physical: run, jump, hop, skip, balance, crawl	Physical: shapes, balances, jumps, rocking, rolling, travel	<ul style="list-style-type: none"> Physical: balance, jump, hop, run, speed, agility, dodge, skip, co-ordination 	<ul style="list-style-type: none"> Physical: balance, strength, flexibility, co-ordination
	Social: share, communication, work safely, co-operation, leadership	Social: work safely, collaboration, share and take turns	<ul style="list-style-type: none"> Social: collaboration, work safely, support others 	<ul style="list-style-type: none"> Social: move safely, listen to others, collaborate
	Emotional: independence, perseverance, confidence, honesty, determination	Emotional: determination, confidence	<ul style="list-style-type: none"> Emotional: determination, self regulation, honesty, perseverance 	<ul style="list-style-type: none"> Emotional: concentration, focus, identify feelings
	Thinking: comprehension, make decisions, creativity	Thinking: comprehension, creativity, select and apply	<ul style="list-style-type: none"> Thinking: comprehension, select and apply skills 	<ul style="list-style-type: none"> Thinking: observation, copy and repeat, recognise, create, select and apply
Spring term	Physical: actions, dynamics, space	Physical: roll, stop a rolling ball, throw, bounce, catch, dribble with feet, kick	<ul style="list-style-type: none"> Physical: underarm throw, overarm throw 	<ul style="list-style-type: none"> Physical: travelling actions, shapes, balances, shape jumps, barrel roll, straight roll, forward roll
	Social: work safely, respect, collaboration	Social: work safely, collaboration, co-operation, support others	<ul style="list-style-type: none"> Social: collaboration, leadership, work safely, encourage others 	<ul style="list-style-type: none"> Social: respect, collaboration, sharing, work safely
	Emotional: independence, confidence	Emotional: perseverance, independence, honesty	<ul style="list-style-type: none"> Emotional: perseverance, honesty 	<ul style="list-style-type: none"> Emotional: confidence, self regulation, perseverance
	Thinking: select and apply actions, creativity, exploration, recall, provide feedback	Thinking: use tactics, comprehension	<ul style="list-style-type: none"> Thinking: comprehension, select and apply, creativity 	<ul style="list-style-type: none"> Thinking: comprehension, select and apply action, creativity

Summer term	Physical: balance, run, jump, hop, change direction	Physical: run, balance, change direction, throw, catch	<ul style="list-style-type: none"> Physical: run, jump, hit, balance, co-ordination 	<ul style="list-style-type: none"> Physical: dribble, throw, catch, kick, receive, run, jump, change direction, change speed
	Social: support others, work safely, take turns	Social: work safely, communication, co-operation, support and encourage others	<ul style="list-style-type: none"> Social: trust, communication, inclusion 	<ul style="list-style-type: none"> Social: supporting others, communication, co-operation, kindness
	Emotional: honesty, determination	Emotional: confidence, honesty, determination, manage emotions	<ul style="list-style-type: none"> Emotional: determination, confidence 	<ul style="list-style-type: none"> Emotional: perseverance, confidence, honesty
	Thinking: decision making, comprehension, select and apply	Thinking: comprehension, decision making	<ul style="list-style-type: none"> Thinking: identify, comprehension, reflection, planning 	<ul style="list-style-type: none"> Thinking: comprehension, identifying strengths and areas for development, select and apply

	Year 3/4		Year 5/6	
Autumn term	<ul style="list-style-type: none"> Physical: track, throw, catch, dribble, kick 	<ul style="list-style-type: none"> Physical: dribble, pass, receive, track 	<ul style="list-style-type: none"> Physical: throw, catch, run, change direction, change speed 	<ul style="list-style-type: none"> Physical: run, jump, throw, catch, dribble, shoot
	<ul style="list-style-type: none"> Social: communication, work safely, collaboration 	<ul style="list-style-type: none"> Social: co-operation, respect, communication 	<ul style="list-style-type: none"> Social: support others, inclusion, communication, collaboration, respect 	<ul style="list-style-type: none"> Social: collaboration, communication, co-operation, respect
	<ul style="list-style-type: none"> Emotional: perseverance, personal challenge, calmness, fairness 	<ul style="list-style-type: none"> Emotional: determination, honesty, persevere, independence 	<ul style="list-style-type: none"> Emotional: determination, honesty, independence, perseverance 	<ul style="list-style-type: none"> Emotional: honesty and fair play, confidence, persevere
	<ul style="list-style-type: none"> Thinking: provide feedback, tactics, comprehension, reflection, make decisions 	<ul style="list-style-type: none"> Thinking: decision making, comprehension, select and apply, use tactics 	<ul style="list-style-type: none"> Thinking: decision making, comprehension, select and apply, reflection, identify strengths and areas for development 	<ul style="list-style-type: none"> Thinking: reflection, decision making, select and apply, use tactics, observe and provide feedback, identify areas of strength and areas for development
Spring term	<ul style="list-style-type: none"> Physical: throw, catch, change direction, change speed, shoot 	<ul style="list-style-type: none"> Physical: throw, catch, dodge, jump 	<ul style="list-style-type: none"> Physical: dribble, pass, receive, tackle, intercept, run, shoot 	<ul style="list-style-type: none"> Physical: symmetrical and asymmetrical balances, rotation jumps, straight roll, forward roll, straddle roll, backward roll, cartwheel, bridge, shoulder stand
	<ul style="list-style-type: none"> Social: communication, collaboration, support others 	<ul style="list-style-type: none"> Social: respect, communication, collaboration 	<ul style="list-style-type: none"> Social: communication, collaboration, 	<ul style="list-style-type: none"> Social: work safely, support others, collaboration

			respect, support others	
	<ul style="list-style-type: none"> Emotional: honesty and fair play, persevere, confidence 	<ul style="list-style-type: none"> Emotional: honesty, perseverance 	<ul style="list-style-type: none"> Emotional: perseverance, honesty and fair play, determination 	<ul style="list-style-type: none"> Emotional: confidence, perseverance, resilience, determination
	<ul style="list-style-type: none"> Thinking: comprehension, decision making, recognition, identify, observe and provide feedback, select and apply 	<ul style="list-style-type: none"> Thinking: comprehension, make decisions, select and apply skills 	<ul style="list-style-type: none"> Thinking: identify areas of strength and areas for development, select and apply, decision making, comprehension, reflection 	<ul style="list-style-type: none"> Thinking: observe and provide feedback, creativity, reflection, select and apply actions, evaluate and improve sequences
Summer term	Physical: actions, dynamics, space, relationships	<ul style="list-style-type: none"> Physical: balance, run at speed, run over distance, co-ordination 	<ul style="list-style-type: none"> Physical: forehand groundstroke, backhand groundstroke, forehand volley, backhand volley, underarm serve, rallying 	Physical: agility, balance, co-ordination, speed, stamina, strength
	<ul style="list-style-type: none"> Social: co-operation, communication, inclusion, collaboration 	<ul style="list-style-type: none"> Social: communication, co-operation, collaboration 	<ul style="list-style-type: none"> Social: encourage and support others, co-operation, collaboration, communication 	<ul style="list-style-type: none"> Social: support and encourage others, collaboration
	<ul style="list-style-type: none"> Emotional: confidence, empathy, determination 	<ul style="list-style-type: none"> Emotional: determination, resilience, honesty, trust, confidence 	<ul style="list-style-type: none"> Emotional: perseverance, honesty 	<ul style="list-style-type: none"> Emotional: perseverance, determination
	<ul style="list-style-type: none"> Thinking: observe and provide feedback, select and apply skills, creativity, comprehension 	<ul style="list-style-type: none"> Thinking: problem solving, evaluation, reflection, create, select and apply 	<ul style="list-style-type: none"> Thinking: observe and provide feedback, reflection, comprehension, select and apply, decision making, use of tactics 	<ul style="list-style-type: none"> Thinking: observation, analysis, comprehension